

## TO START

<b>CHICKEN WINGS</b> 69	<b>MOZAMBIKAN FISH CAKES</b> 74
Tipless chicken wings cooked in lemon & herb or peri-peri served with a ranch dipping sauce	Crumbed, deep fried fish cakes served with sweet chilli sauce
<b>ROQUEFORT SNAILS</b> 79	<b>MUSSELS</b> 84
Snails prepared in a creamy garlic sauce with Roquefort cheese & baked in the oven	Mussels cooked in a creamy white wine & garlic sauce
<b>PRAWN RISsoles</b> 74	<b>CHOURICO</b> 79
Prawns & spicy seafood sauce deep fried in a choux pastry served with sweet chilli mayo	Sliced Portuguese sausage grilled and served with milho frito or chips
<b>PRAWNS ROMANO</b> 84	<b>CHICKEN GIBLETS</b> 74
5 crumbed prawns served with a sriracha mayo	Slow cooked in tomato, peri-peri, garlic, fresh herbs & wine
<b>CHICKEN LIVERS</b> 69	<b>SQUID HEADS</b> 74
Grilled with onions, red wine & peri-peri	Deep fried squid heads served with sweet chilli sauce
OR	<b>HALLOUMI</b> 59
Dry grilled with lemon juice, onions & peri-peri	Fried halloumi served with sweet chilli sauce & lemon
OR	<b>AVO RITZ</b> 84
In a creamy napolitana sauce, topped with bacon bits	Prawns in a seafood dressing served on a bed of avo
<b>JONNY'S PLATTER</b> 279	<b>MEL'S PLATTER</b> 269
Crumbed prawns, beef trinchado, calamari & chourico served with chips	Halloumi, calamari, Mozambican fish cakes & chicken wings served with avo, olives & feta

Starter platters can be made up to suit your individual needs by using a combination of any of the above starters

## SALAD PLATES

<b>TERIYAKI FILLET SALAD</b> 119	<b>CHICKEN, AVO &amp; CRANBERRY SALAD</b> 114
Base salad topped with teriyaki sesame fillet strips, red onion, avo, coriander, mint & cocktail tomatoes served with a ranch dressing	Base salad topped with grilled chicken, avo, veg crisps, roasted almond flakes & cranberries served with a Dijon dressing
<b>PINE NUT SALAD</b> 104	<b>CHICKEN SESAME SALAD</b> 109
Base salad topped with roasted pine nuts, avo & parmesan shavings served with a Dijon dressing	Base salad topped with Sesame coated honey glazed fried chicken strips topped with feta and avo served with a Dijon dressing
<b>PORTUGUESE SALAD</b> 69	<b>ROQUEFORT SALAD</b> 109
Lettuce, tomato, onion, peppers, cucumber & olives served with our famous homemade dressing	Base salad topped Roquefort cheese, roasted pecan nuts, avo & crispy bacon served with a creamy blue cheese dressing
<b>ADD FETA</b> 15	
<b>ADD AVO</b> 15	

## MEAT FANS

<b>RIBS</b> 229	<b>FILLET SUZETTE</b> 199
500g pork spare ribs basted with your choice of either BBQ or spicy Mozambican sauce	250g of cubed fillet pan fried in butter & oregano
<b>BEEF TRINCHADO</b> 189	<b>JONNY'S FILLET</b> 199
250g of cubed fillet pan fried with our famous trinchado sauce	250g Fillet cut into slices, topped with brown mushrooms in a red wine sauce, served on a bed of thin crispy chips
<b>HALF PORTION</b> 109	<b>CREAMY PERI-PERI FILLET CUBES</b> 199
Served with 1 side	250g of cubed fillet pan fried in a creamy peri-peri sauce
<b>CRISPY THIN LAMB CHOPS</b> 199	<b>CHARGRILLED LAZY AGED STEAKS 250g Fillet</b> 179
5 thin, well done lamb chops chargrilled with lemon juice, oregano & black pepper	<b>300g Rump</b> 159
<b>MOZAMBIKAN RUMP</b> 199	with basting sauce
300g rump topped with sliced chourico, a fried egg & a spicy paprika sauce	OR
<b>ESPETADA</b> 169	rubbed with coarse salt, black pepper & olive oil
300g matured rump cubes on a skewer with peppers & onions, rolled in coarse salt, garlic & bay leaves, flame grilled to perfection	<b>SAUCES</b> 30
	Pepper, mushroom, cheese, garlic Dijon mustard or creamy peri-peri

## CHICKEN ENTHUSIASTS

<b>CHICKEN FERNANDO</b> 159	<b>BABY CHICKEN PERI-PERI</b> 149
Half chicken topped with chourico & grilled calamari	A spatch-cock chicken flame grilled with your choice of lemon & herb, mild or hot peri-peri
<b>CHICKEN ESPETADA</b> 139	<b>DEBONED BABY CHICKEN</b> 149
Deboned chicken thighs & peppadews on a skewer	
<b>CHICKEN PARMIGANO</b> 139	<b>JONNY'S CHICKEN BREASTS</b> 149
Crumbed chicken topped with napolitana sauce, mozzarella, mushrooms & basil baked in the oven	Chicken breast grilled with either lemon & herb or peri-peri, topped with fried halloumi and avo

All main Courses served with a choice of two of the following: Homemade Chips, Rice, Milho Frito, Mash, Sweet Potato Fries, Side Salad or Veg of the Day

## MEL'S ASIAN DELIGHTS

<b>SALMON TARTARE</b> 124	<b>SALMON/TUNA POKÉ BOWLS</b> 149
Salmon sashimi & avo stack drizzled with spicy sesame dressing & teriyaki sauce	Sushi Rice topped with marinated salmon or tuna, spring onion, cucumber, avo, ginger, nori & edamame beans drizzled with teriyaki sauce
<b>TUNA CARPACCIO</b> 114	<b>SALMON SASHIMI</b> 114
Sesame crusted seared tuna served with ginger, coriander, spring onion & chilli drizzled with teriyaki & sushi mayo	Thinly sliced salmon topped with spring onions, sushi ginger, avo, deep fried baby leaks & teriyaki sauce
<b>ADD AVO</b> 15	
<b>KOREAN CRUNCH CHICKEN</b> 79	<b>SALMON TACOS</b> 109
Deboned chicken thighs soaked in buttermilk, battered, deepfried and topped with honey garlic & ginger	Tacos filled with spicy salmon, avo, teriyaki sauce & sushi

## SEAFOOD LOVERS

<b>SESAME SALMON</b> 239
Fresh Scottish salmon cooked or seared & topped with sesame seeds, sweet soya, sesame oil & a hint of chilli
<b>CALAMARI</b> 169
Falklands calamari grilled, fried or cajun style
<b>HALF PORTION</b> 89
Served with 1 side
<b>KINGKLIP</b> 199
Kingklip fillet grilled to perfection & served with lemon butter sauce
<b>BABY KINGKLIP</b> 209
Whole baby kingklip on the bone grilled with lemon butter or cajun sauce
<b>PRAWN CURRY</b> 219
Traditional Mozambican curry served with basmati rice, sambals & a poppadom
<b>500G PRAWN PLATTER</b> 209
<b>QUEEN PRAWNS</b> 30 each
Butterflied, grilled & served with lemon butter
<b>PRAWNS LINGUINE</b> 209
Prawns in a creamy napolentana sauce, tossed with linguine pasta & a hint of chilli
<b>SEAFOOD ESPETADA</b> 229
Prawns, kingklip & calamari grilled on a skewer & served with a mussel pot cooked in a seafood reduction with mixed peppers & onions or in a creamy white wine & garlic sauce
<b>MOZAMBIKAN SEAFOOD RICE</b> 209
Prawns, kingklip, mussels & calamari cooked in a seafood broth mixed with rice, topped with fresh coriander
<b>JONNY'S PENNE PASTA</b> 189
Prawns, smoked chicken & chourico cooked in a creamy sauce made with sundried tomatoes & wholegrain mustard tossed with penne pasta

## VEGETERIAN DEVOTEES

<b>VEG POKÉ BOWL</b> 99
Sushi rice topped with spring onion, cucumber, avo, ginger nori & edamame beans drizzled with teriyaki sauce
<b>SPINACH AND FETA PHYLLO PIE</b> 99
Spinach, feta & pine nuts seasoned with lemon zest baked in phyllo pastry
<b>LINGUINE ARRABIATA</b> 99
Linguine tossed with napolenta, chilli & garlic
<b>BEYOND BURGER</b> 149
Delicious plant based burger served on a sesame roll topped with vegan mayo & vegan cheese

## JONNY'S COCKTAILS

- MARGARITA** R69  
Tequila Silver, lemon juice and Triple Sec, served frozen or shaken in a salt rimmed glass
- PINA COLADA** R74 A  
A creamy blend of light rum, Pina Colada mix and pineapple juice blended with ice and garnished with fresh pineapple
- MOJITO** R69  
Bacardi rum, muddled with fresh limes, torn mint leaves and sugar syrup, poured unstrained over crushed ice and charged with soda water
- STRAWBERRY DAQUIRI** R74 A  
blend of Bacardi Rum, strawberry mix, strawberry juice, lime always served frozen - and garnished with fresh strawberries
- JONNY'S ISLAND ICE TEA** R74  
Five white spirits built over with Triple Sec, fresh lemon juice served long and charged with Coke
- APEROL SPRITZER** R64  
Aperol mix & fresh orange juice cubes built over crushed ice, topped with soda water and Prosecco
- ICE BERG** R74  
Lager draught topped with frozen margarita served long and garnished with a slice of lemon

## GIN COCKTAILS

- CUCUMBER & MINT** R74  
A double tot of Inverroche gin, muddled with sliced cucumber, torn mint leaves, served unstrained over ice and charged with tonic water
- BLUEBERRY & ROSEMARY** R74  
A double tot of Bombay Gin, with pressed blueberries, rosemary springs and topped up with tonic water
- STRAWBERRY PINK GIN** R69  
A double tot of Gordons Gin, lightly muddled with strawberry slices, with ice and charged with pink tonic
- BLOOD ORANGE** R74  
A double tot of Malfy Blood Orange Gin, tonic syrup & soda water, garnished with a lime wedge

## COMBO'S

<b>HALF KINGKLIP, HALF CALAMARI &amp; 4 PRAWNS</b>	<b>219</b>	<b>300G RIBS &amp; 6 PRAWNS</b>	<b>219</b>
<b>HALF CHICKEN &amp; 6 PRAWNS</b>	<b>209</b>	<b>KINGKLIP &amp; HALF CALAMARI</b>	<b>229</b>
<b>HALF CHICKEN &amp; 300G RIBS</b>	<b>219</b>	<b>HALF CALAMARI &amp; 6 PRAWNS</b>	<b>209</b>
		<b>KINGKLIP &amp; 6 PRAWNS</b>	<b>239</b>

## LIGHT MEALS

<b>LADIES RIBS</b>	<b>139</b>	<b>BEEF BURGER</b>	<b>94</b>
300g pork spare ribs basted in BBQ or spicy Mozambican sauce		200g homemade beef patty served on a sesame roll, with lettuce, tomato, grilled onion & topped with mayo dressing	
<b>HAKE</b>	<b>99</b>	<b>TOPPED WITH CHEESE</b>	<b>109</b>
Grilled or fried hake served with tartare or lemon butter sauce		<b>TOPPED WITH BACON &amp; CHEESE</b>	<b>124</b>
<b>HALF CHICKEN</b>	<b>84</b>	<b>CHICKEN &amp; HALLOUMI BURGER</b>	<b>109</b>
Your choice of lemon & herb, mild or hot peri-peri		Grilled chicken breast on a sesame roll, with lettuce, tomato, onion, halloumi & avo topped with a mayo dressing	
<b>CHICKEN SCHNITZEL</b>	<b>99</b>	<b>BEEF OR CHICKEN PREGO</b>	<b>84</b>
Deep fried crumbed chicken breast		Traditional prego, marinated in our famous prego sauce, served on a Portuguese roll	
<b>GRILLED CHICKEN BREAST</b>	<b>99</b>		
2 Chicken breasts grilled in lemon & herb or peri-peri			

All Light Meals served with one of the following:  
Homemade Chips, Rice, Milho Frito, Mash, Sweet Potato Fries, Side Salad or Veg of the Day

## KIDS MEALS

<b>KIDS PRAWNS</b>	<b>74</b>	<b>CHICKEN STRIPS &amp; CHIPS</b>	<b>74</b>
<b>KIDS CALAMARI</b>	<b>74</b>	<b>BURGER &amp; CHIPS</b>	<b>74</b>
<b>RIBS &amp; CHIPS</b>	<b>74</b>		

## SOMETHING SWEET

<b>MEL'S ICE CREAM</b>	<b>64</b>	<b>DEEP FRIED OREOS</b>	<b>64</b>
Vanilla ice cream loaded with nuts, chocolate, nougat & cookie crumble		Oreo biscuits deep fried in pancake batter, rolled in cinnamon sugar, served with ice cream	
<b>CHURRO'S</b>	<b>64</b>	<b>WAFFLES</b>	<b>69</b>
Mexican deep fried pastry served with ice cream & Bar One Sauce		Freshly baked waffles, topped with syrup & ice cream	
<b>CRÈME BRULÉE</b>	<b>64</b>	<b>ICE CREAM &amp; BAR ONE SAUCE</b>	<b>49</b>
Oven baked custard topped with sugar glaze		3 Scoop vanilla ice cream topped with melted Bar One sauce	
<b>CHOCOLATE BROWNIES</b>	<b>69</b>	<b>PASTEIS de NATA</b>	<b>69</b>
Served with ice cream		2 Portuguese Custard Tarts topped with Vanilla Ice Cream	
<b>KIDS ICE CREAM (1 SCOOP)</b>	<b>24</b>		

